



Campus Services Lunch and Learn

Come & learn about essential oils and how to use them in your day-to-day life while receiving a free lunch at '53 Commons.

You will learn what essential oils are, what they can be used for, as well as how to use them in different practical applications. Participants will be able to make their own inhalers to bring home with them.

Space is limited so sign-up today!

When: August 14th 11 am – 12:30 pm

Where: '53 Commons

Sign Up Here:



Lunch and Learns are to be attended on employee personal time (Lunch or PTO).

